

**CONFIDENTIAL PERSONAL HISTORY  
FOR CHILDREN AND YOUNG ADULTS**

Today's Date: \_\_\_\_\_ Completed by: \_\_\_\_\_

Last Name: \_\_\_\_\_ Child's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Gender: \_\_\_\_\_

\_\_\_\_\_ Ethnicity: \_\_\_\_\_

**CONTACT INFORMATION**

Mother's Name: \_\_\_\_\_ Father's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Address: \_\_\_\_\_

\_\_\_\_\_

Home phone: \_\_\_\_\_ Home phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Emergency: \_\_\_\_\_

Name	Relationship	Phone
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School: \_\_\_\_\_ Grade in School: \_\_\_\_\_

Teacher's Name: \_\_\_\_\_ Type of Classroom: \_\_\_\_\_

**Child's Physician's or Health Care Providers (including Primary Care Physician):**

Name: \_\_\_\_\_ Profession: Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Profession: Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Profession: Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Child's Last Medical Checkup: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Are there any medical precautions the therapist should be aware of when working with your child?

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**FAMILY MEMBERS – Detailed Information**

	Age	Sex	Adopted		Occupation	Handedness	
Father	_____	___	Yes	No	_____	R	L
Stepfather	_____	___	Yes	No	_____	R	L
Mother	_____	___	Yes	No	_____	R	L
Stepmother	_____	___	Yes	No	_____	R	L
Children	_____	___	Yes	No	_____	R	L
	_____	___	Yes	No	_____	R	L
	_____	___	Yes	No	_____	R	L

Marital Status of Parents: \_\_\_ Married \_\_\_ Separated \_\_\_ Divorced \_\_\_ Other

Mother's Education \_\_\_ Less than High School \_\_\_ High School or GED \_\_\_ College \_\_\_ Post College (grad school)  
Stepmother's Education \_\_\_ Less than High School \_\_\_ High School or GED \_\_\_ College \_\_\_ Post College (grad school)

Father's Education \_\_\_ Less than High School \_\_\_ High School or GED \_\_\_ College \_\_\_ Post College (grad school)  
Stepfather's Education \_\_\_ Less than High School \_\_\_ High School or GED \_\_\_ College \_\_\_ Post College (grad school)

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**PERSONALITY PROFILE**

What are your child's gifts / strengths? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What do you enjoy most about your child and family? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are the presenting problems for your child? (All categories below may not apply.)

Academic: \_\_\_\_\_

\_\_\_\_\_

Activities of daily life (e.g. eating, dressing): \_\_\_\_\_

\_\_\_\_\_

Relationships: \_\_\_\_\_

\_\_\_\_\_

Sensory: \_\_\_\_\_

\_\_\_\_\_

Motor: \_\_\_\_\_

\_\_\_\_\_

Play: \_\_\_\_\_

\_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_\_

What kind of interests and activities does your child have? (hobbies, sports, clubs)

Please list them in order of preference beginning with the favorite activity.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Has your child been diagnosed with (PLEASE CHECK ALL THAT APPLY):

ADD

ADHD

Anxiety Disorder or Mood Disorder (specify): \_\_\_\_\_

Autistic Spectrum Disorder

Cognitive Delay

Down Syndrome

Dyslexia

Emotional Disorder (specify): \_\_\_\_\_

Fragile X Syndrome

Learning Disabilities (specify if possible): \_\_\_\_\_

Sensory Processing Disorder or Sensory Integration Dysfunction

Tourette's Syndrome

Other (specify): \_\_\_\_\_

Please note, who provided the diagnosis and based on what criteria (i.e., test scores,

comprehensive clinical evaluation, genetic study, etc.): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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## MEDICATIONS

List any medications your child has received **in the past**:

Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_

List any medications your child is **currently** taking, its purpose and frequency of dosage:

Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_  
Medication: \_\_\_\_\_ Purpose: \_\_\_\_\_ When taken: \_\_\_\_\_

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## FAMILY ADAPTATION

How would you describe your child's general adjustment at home?  Poor  Fair  Good  Excellent

How does your child get along with each member of the family?

Father \_\_\_\_\_

Mother \_\_\_\_\_

Siblings \_\_\_\_\_

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Have there been any traumatic family events in the course of this child's development?

\_\_\_\_\_  
\_\_\_\_\_

Have there been any major moves? (city to city, country to country)

\_\_\_\_\_  
\_\_\_\_\_

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## PREGNANCY (If child is adopted, skip to Adoption Section)

What kind of experience was the pregnancy for both mother and father?

Mother \_\_\_\_\_

Father \_\_\_\_\_

(continued on next page)

	Yes	No	Comments
Was it planned?	_____	_____	_____
Were there complications?	_____	_____	_____
shock	_____	_____	_____
severe stress	_____	_____	_____
loss of a loved one	_____	_____	_____
accident	_____	_____	_____
health problems, specify	_____	_____	_____
confinement to bed	_____	_____	_____
other	_____	_____	_____
Was the mother exposed to loud noises?	_____	_____	_____
Did mother smoke?	_____	_____	_____
Did mother consume alcohol?	_____	_____	_____
Did mother take any medication? specify	_____	_____	_____
Was mother physically active?	_____	_____	_____
Were any previous pregnancies complicated?	_____	_____	_____

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**LABOR AND DELIVERY**

Describe your experience during labor and delivery \_\_\_\_\_

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		Comments
Length of labor?	_____ Hrs	_____
Premature: specify	Yes _____ No _____	_____
Forceps used	Yes _____ No _____	_____
High forceps required	Yes _____ No _____	_____
Suction	Yes _____ No _____	_____
Delivery position (ex: breech)	_____	_____
Caesarean birth (reason)	Yes _____ No _____	_____
Birth weight	_____ lbs _____ oz	_____
APGAR ratings (if known)	_____ _____	_____
Cried immediately	Yes _____ No _____	_____
Required special treatment (i.e. required oxygen, had jaundice, etc.)	Yes _____ No _____	_____

Birth injuries: specify Yes \_\_\_\_\_ No \_\_\_\_\_ \_\_\_\_\_

Did the newborn have immediate physical contact with the mother? Yes \_\_\_\_\_ No \_\_\_\_\_ \_\_\_\_\_

Was there a positive bonding experience between mother and newborn at birth? Yes \_\_\_\_\_ No \_\_\_\_\_ \_\_\_\_\_

Describe and separations from mother during first days of life \_\_\_\_\_

Did mother experience any post-partum depression? Yes \_\_\_\_\_ No \_\_\_\_\_ \_\_\_\_\_

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### **ADOPTION**

Describe the circumstances surrounding the adoption.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

More specifically:

Age when adopted: \_\_\_\_\_

Prior foster homes: \_\_\_\_\_

Physical appearance: \_\_\_\_\_

Response to new home: \_\_\_\_\_

\_\_\_\_\_

Is your child aware of his/her adoption? \_\_\_\_\_

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### **INFANT & TODDLERHOOD**

Going back to the **first two years** of the child's life, what type of baby was he/she? (feeding, sleeping, activity level)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(continued on next page)

	Yes	No	Comments
Breastfed	_____	_____	_____
Extended separation during first two years (over 3 days)	_____	_____	_____
Specific health problems during this period	_____	_____	_____
Thumb sucking / pacifier (until what age)	_____	_____	_____
Feeding problems	_____	_____	_____
Sleeping problems	_____	_____	_____
Colic or "fussy baby"	_____	_____	_____
Prefer certain positions as an infant (describe)	_____	_____	_____
Dislike lying on stomach	_____	_____	_____
Dislike lying on back	_____	_____	_____
Able to self soothe	_____	_____	_____
On a regular schedule	_____	_____	_____
Enjoy bouncing	_____	_____	_____
Become calmed by car rides or infant swings	_____	_____	_____
Become nauseated by car rides or infant swings	_____	_____	_____
Crawled (at what age)	_____	_____	_____
Tow walker (until what age)	_____	_____	_____
Go through "terrible twos"	_____	_____	_____
Describe your child's toddler stage:	_____		
	_____		
	_____		

**CHILDHOOD ILLNESS / PROBLEMS**

	Age	Comments / Deficits
_____ Ear infections	_____	_____
_____ Tubes in ears	_____	_____
_____ Respiratory problems	_____	_____
_____ High fever	_____	_____
_____ Meningitis	_____	_____
_____ Adenoid problems	_____	_____
_____ Frequent colds	_____	_____
_____ Strep throat	_____	_____
_____ Allergies	_____	If yes, please specify: _____
		_____

Check the items below which have been a problem and provide details:

Asthma	_____	_____
Bronchitis	_____	_____
Skin problems	_____	_____
Gastro-Intestinal problems	_____	_____
Seizures	_____	_____
Epilepsy	_____	_____
Nightmares	_____	_____
Sleep	_____	_____
Bedwetting	_____	_____
Nail Biting	_____	_____
Broken limbs	_____	_____
Other	_____	_____

Has he/she ever been hospitalized? Yes \_\_\_ No \_\_\_  
If yes, list reasons: \_\_\_\_\_  
\_\_\_\_\_

Has he/she ever had a serious accident/injury? Yes \_\_\_ No \_\_\_  
If yes, list accidents: \_\_\_\_\_  
\_\_\_\_\_

Are there any other medical illnesses or conditions which have been diagnosed?  
\_\_\_\_\_  
\_\_\_\_\_

Is your child in good general health at the present time? \_\_\_\_\_  
\_\_\_\_\_

**DEVELOPMENTAL MILESTONES**

(Give approximate ages if remembered, or comment on anything unusual)

Rolling over \_\_\_\_\_ Walk \_\_\_\_\_ Say words \_\_\_\_\_  
Sit alone \_\_\_\_\_ Chew solid food \_\_\_\_\_ Say sentences \_\_\_\_\_  
Crawl \_\_\_\_\_ Drink from a cup \_\_\_\_\_

Was crawling phase brief? Yes \_\_\_ No \_\_\_ Absent? Yes \_\_\_ No \_\_\_

Did child use a walker (rolling plastic seat)? Yes \_\_\_ No \_\_\_ If yes, how often? \_\_\_\_\_

Experience hesitancy or delays in learning to go down stairs? Yes \_\_\_ No \_\_\_



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**VISUAL DEVELOPMENT**

Has your child experienced any problems with his/her eyesight or vision? \_\_\_\_\_

Are there any current problems of which you are aware? \_\_\_\_\_

When was the last time his/her eyesight was tested? \_\_\_\_\_

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**AUDITORY DEVELOPMENT**

Has your child experienced any problems with his/her hearing? (operations, infections, tubes)

Ear infections?                      Seldom \_\_\_    Sometimes \_\_\_    Often \_\_\_  
   Mild \_\_\_    Moderate \_\_\_    Severe \_\_\_

Are there any current hearing problems of which you are aware?

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**SPEECH AND LANGUAGE DEVELOPMENT**

How would you describe your child's speech and language development?

Normal \_\_\_    Delayed \_\_\_    Advanced \_\_\_

Did your child begin speaking single words, then two, then a sentence?    Yes    No

Did your child not talk for a long while, then all of a sudden speak in complete sentences?    Yes    No

Do you or others have difficulty understanding what child says?                      Yes    No

First words and at what age: \_\_\_\_\_

Describe any speech related problems: \_\_\_\_\_

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**SENSORY and MOTOR DEVELOPMENT**

Please check any that apply:

\_\_\_\_\_ My child seems to be overly sensitive to sensory experiences more so than most people:

\_\_\_Auditory    \_\_\_Tactile    \_\_\_Visual    \_\_\_Movement    \_\_\_Taste    \_\_\_Smell

\_\_\_\_\_ My child doesn't seem to react to sensory experiences as readily as most people:

\_\_\_Auditory    \_\_\_Tactile    \_\_\_Visual    \_\_\_Movement    \_\_\_Taste    \_\_\_Smell

- My child actively seeks out sensory experiences more so than most people:  
 Auditory  Tactile  Visual  Movement  Taste  Smell
- My child has difficulty differentiating sensory experiences.  
(ex: confuse sounds, can't find objects in drawer or bag without looking, bumps into things)

Describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- My child has trouble learning new movements.
- My child tends to be clumsy and has balance and coordination problems.

## ACTIVITIES OF DAILY LIVING

### EATING

Does your child finger feed?  Yes  No Comments: \_\_\_\_\_

Does your child use:

Fork  Spoon  Sippy Cup  Regular Cup  Other: \_\_\_\_\_

### DRESSING

Does your child assist with dressing?  Yes  No Comments: \_\_\_\_\_

Does your child put on/ take off:

Socks  Shoes  Pants/Shorts  Shirts  Coats

Does your child manipulate fasteners:

Zippers  Snaps  Velcro  Buttons

### TOILETING

Is your child potty trained?  Yes  No Comments: \_\_\_\_\_

Is your child able to manage clothes for toileting?  Yes  No Comments: \_\_\_\_\_

Is your child able to wash their hands independently after toileting?  Yes  No Comments: \_\_\_\_\_

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**PREVIOUS TESTING AND TREATMENTS**

Has your child had any previous ASSESSMENTS or TREATMENT  
**Please attach relevant reports**

	ASSESSMENTS			TREATMENTS		
	Yes	No	Place / Date	Yes	No	Place / Date
Medical	_____	_____	_____	_____	_____	_____
Audiological	_____	_____	_____	_____	_____	_____
Speech	_____	_____	_____	_____	_____	_____
Educational	_____	_____	_____	_____	_____	_____
Psychological	_____	_____	_____	_____	_____	_____
Occ. Therapy	_____	_____	_____	_____	_____	_____
Other	_____	_____	_____	_____	_____	_____

Comments: \_\_\_\_\_  
\_\_\_\_\_

Have there been any specific events or traumas linked with the onset of your child's difficulties?  
\_\_\_\_\_  
\_\_\_\_\_

Is your marital situation stable and positive at this time? \_\_\_\_\_

What, if any, stresses are affecting your family at this time?  
\_\_\_\_\_  
\_\_\_\_\_

Which language(s) is spoken at home? \_\_\_\_\_

Are there other individuals or family members living at home? (other than immediate family)  
\_\_\_\_\_  
\_\_\_\_\_

**EDUCATION**

How did your child adapt to the first day(s) at school or pre-school:

Mostly positive \_\_\_\_ Mixed \_\_\_\_ Mostly negative \_\_\_\_

How old was he/she? \_\_\_\_ How much time did he/she attend per week? \_\_\_\_

In general, how would you describe your child's experience/learning at school from kindergarten to the present time?  
\_\_\_\_\_  
\_\_\_\_\_

(continued on next page)

Please give us more detailed information about any difficulties your child encountered in school beginning with the earliest experience:

Initial school adjustment \_\_\_\_\_

\_\_\_\_\_

Pre-school/Daycare \_\_\_\_\_

\_\_\_\_\_

Primary (K – Gr. 3) \_\_\_\_\_

\_\_\_\_\_

Junior (Gr. 4-6) \_\_\_\_\_

\_\_\_\_\_

Intermediate (Gr. 7-8) \_\_\_\_\_

\_\_\_\_\_

High School \_\_\_\_\_

\_\_\_\_\_

Has there been remedial help given **inside** the school system?      Yes \_\_\_ No \_\_\_

If yes, describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**GOALS**

What are your goals for your child's program? Please be specific as possible.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How did you hear about Pediatric Therapy Partners Clinic? \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_